

Chrono Library Introduction Solutions

std::chrono Library

- Briefly describe the three main concepts that the std::chrono library is based on
 - Clock
 - Start date (epoch) and tick rate
 - C's clock started on 1 January 1970 and ticks once per second
 - Time point
 - The number of clock ticks since the epoch, at a given point in time
 - Duration
 - An interval between two time points, measured in clock ticks